



## 2022 National Women's Health Week Webinar Discussion Series: Let's Talk About Women and Alcohol Use

### Learning Objectives

*Attendees will hear from women with lived experiences with alcohol misuse, as well as professionals, to learn about the behavioral and health impacts of alcohol use in women and be able to identify harm reduction strategies. In addition, they will become familiar with federal, state, local, national, and community-based resources.*

### Audience

*Clinicians, behavioral health professionals, community health workers, social service providers, child welfare providers or professionals, and anyone else!*

### #1—Framing the Issue

Learn about the impact of alcohol use in women

**Wednesday, May 4th**

**11:00—11:45 am AKT/12:00 pm—12:45 pm PT/1:00—1:45 pm MT**

**Register at:**

<https://acf-hhs-gov.zoomgov.com/meeting/register/vJltfu6hrD4vH0WumDQmpVngmrRexZ52Zy8>

### Webinar Discussion Series

**#2 - But it Makes Me Feel Better!**—Exploring why women use alcohol and its intersection with trauma

Wednesday, May 11 from 12 – 12:30 pm PT

Register: <https://acf-hhs-gov.zoomgov.com/meeting/register/vJltcuCvqDliEntjHrnSfc7yxwkGtjKsYY>

**#3 - I Really Don't Feel Well!**—Exploring the health impacts of alcohol overuse

Wednesday, May 25 from 12 – 12:30 pm PT

Register: <https://acf-hhs-gov.zoomgov.com/meeting/register/vJltfumrrTIsGhuz8KE1WPKE6YNmRV4vOEs>

**#4 - I Feel so Much Better!**—Explore strategies to reduce drinking and recovery

Wednesday, June 8 from 12 – 12:30 pm PT

Register: <https://acf-hhs-gov.zoomgov.com/meeting/register/vJlisdumuqTgtHIUCowecmXqwUUdXhNCZM4M>

**#5 - We are all in this together!**—Explore cultural norms and expectations

Wednesday, June 22 from 12 – 1 pm PT

Register: [https://acf-hhs-gov.zoomgov.com/meeting/register/vJlIsdeygpjopE1FCJec4ZlxY9O5\\_9Jn-aWk](https://acf-hhs-gov.zoomgov.com/meeting/register/vJlIsdeygpjopE1FCJec4ZlxY9O5_9Jn-aWk)

If you have any questions, please contact [Lewissa.Swanson@hhs.gov](mailto:Lewissa.Swanson@hhs.gov) or call (206) 615-2501.